


HEATON and DISTRICT MODEL POWER BOAT CLUB

FOUNDED 1910

Headquarters and Sailing Water . PADDY FREEMANS . Jesmond Dene

Website: www.heatonmodelboats.co.uk

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HAZARD	RISK	CONTROL MEASURES
1 PAINT – SOLVENT BASED		
1.1 Skin contact	Skin irritation	Wear disposable gloves or ensure hands are cleaned with proprietary skin cleaner – NOT white spirit. Finish with soap and water. Avoid prolonged contact.
1.2 Spillages	Environmental contamination	Decant from 5 litre containers into small containers for use when painting to limit risk. Stand paint tins in a tray to catch drips or runs
1.3 Clothing	Contamination of clothing	Wear suitable clothing, if contaminated then change clothing and ensure skin is cleaned as above.
1.4 Vapours	Respiratory issues	Ensure that the workplace is well ventilated, this includes when decanting or stirring paints.
1.5 Use of solvents to clean brushes	Skin irritation / Fire risk / Environmental contamination	All contaminated clothes / rags should be safely disposed of in the general waste. Ensure that all used solvents or stored in secure containers and disposed of at a licensed waste site. Brushes cleaned with solvent should be finished off with soap and water. Ensure hands are washed on completion.
2 PAINT – WATER BASED		
2.1 Skin Contact	Skin irritation	Wear disposable gloves or ensure hands are cleaned with soap and water. Avoid prolonged contact.
2.2 Spillages	Environmental contamination	Decant from 5 litre containers into small containers for use when painting to limit risk. Stand paint tins in a tray to catch drips or runs
2.3 Clothing	Contamination of clothing	Wear suitable clothing, if contaminated then change clothing and ensure skin is cleaned as above.
2.4 Vapours	Respiratory issues	Ensure that the workplace is well ventilated, this includes when decanting or stirring paints.
2.5 Cleaning brushes	Skin irritation / Environmental contamination	All contaminated clothes / rags should be safely disposed of in the general waste. Brushes should be cleaned with soapy water. Ensure hands are washed on completion.
3 PREPARATION		
3.1 Filling	Skin irritation	Wear disposable gloves or ensure hands are cleaned with soap and water. Avoid prolonged contact.
3.2 Sanding	Dust inhalation	Wear dust mask and ventilate area, wash hands after completion of sanding
4 WORKING AT HEIGHT		
4.1 Platform	Slips and Falls	The club has an Aluminium working platform stored in the portico. This is the preferred method of accessing any part of the building above ground level. Care should be taken to ensure that the platform has been correctly assembled and is secure before use.
4.2 Ladders	Slips and Falls	Working from a ladder should only be done for short term jobs. Ladders should be at the correct angle to the vertical surface, be tied off and the footing should be secured. Your shoulders should always be over the ladder, do not over reach, move the ladder as required. Never climb within 4 rungs of the top of the ladder.

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HAZARD	RISK	CONTROL MEASURES
4 WORKING AT HEIGHT – Cont		
4.3 Step ladders	Slips and falls	Working from a step ladder should only be done for short term jobs. Your shoulders should always be over the step ladder, do not over reach, move the step ladder as required. Never climb within 3 rungs of the top of the step ladder.
5 GENERAL		
5.1 Fixed Electrical installation	Electrocution	Ensure that the electricity is switched off and made safe if removing or replacing light fittings, switches or sockets.
5.2 Power tools and cable	Electrocution	Ensure all electrical power tools are in good condition and correctly fused. Use RCD's on the supply where available. Check condition of extension cables, ensure they can't be nipped or trodden on, protect as required.
5 GENERAL		
5.3 Flammable materials	Fire	Ensure that there are no naked flames whilst paint and solvents are open to the atmosphere. No smoking to be permitted in area during works.
5.4 Storage of paints and solvents	Fire / contamination of persons and / environment	All paints and solvents are to be stored in a dark cool secure place.

This document should be read in conjunction with the “Johnstones Trade Gloss safety data sheet”.